

# NORTH 8TH NEWSLETTER

Issue #2

December 2018

## Mayor's Corner

Here we are, Christmas time again, but we just got here. Are we ready for 2019? Well, ready or not here it comes.

Everything that we do is underway.

Wednesday Club is going very well with great attendance, 25 to 35 people each week. For the most part even the weather has been cooperating.

Bean Bags is being held each Tuesday at 10:00 AM. at site 776. Yes it is on 7<sup>th</sup> street. We wish to again thank Leland and Lola Howard for setting this up.

We had a great First Friday Night out at Outback Steak House. It was delicious as usual and we all enjoyed it very much.

Thanks Jean for all your work in planning and arranging this type of activity.

We have several new people in our midst and for the most part they have been introduced to us at Wednesday club. Mary Pulford at site 880 is busy welcoming and interviewing our new people and we have published the results here in this newsletter (New Arrivals); as new people come in, we will continue to do so. Thank you, Mary.

The minutes from the last Street Rep meeting are quite long but please read carefully and see Bill or me if more explanation is needed.



## Calendar of Events 2018 - 2019

**December 25, 2018** –Our annual Christmas dinner served on the street at 2pm, site # 887.

Sign up in advance with Bill Tallyn or Darrell Noah.

**December 31, 2018** - New Years Eve celebration at The Roma Cafe. Dinner at 5:30 pm. Advance registration required. Call Jean Streppa at 480-830-5252 with your name and number attending.

## Happy New Year

**January 11, 2019** - FFNO (First Friday Night Out) has been moved to second Friday of January, due to the holiday schedule. Please join us at Yen Ching at 126 S Power Rd at 5:30 PM.

**February 8, 2019** – FFNO (First Friday Night Out), is once again NOT the first Friday in February. Please join us anyway and sign up in advance with Wayne Hug at Wednesday Club for advance registration. We will be going to the annual outing at Barleens Arizona Opry. More details to come.

**Note:** March 12, 2019 is the next bug spray date. A special thanks to Darrell Noah and Bill Tallyn for coordinating this event twice a season.

**Annual Book Club** will convene the 3<sup>rd</sup> Thursday in January. Details forthcoming.

### **New Arrivals**

By Mary Pulford

#### **Cathie and Lonnie Blaire at Site 895**

Cathy and Lonnie are from Buffalo, Mn. Both of them have lived their lives in Minnesota. Lonnie worked for the state of Minnesota in technology and Kathy worked at North Western Bell and Food Marketing Services. They have two children, a son and a daughter. They love to walk, hike and read. We are so glad you guys moved on to our street.

#### **Mark and Diane Berman at Site 896**

They are from Cochrane, Alberta. Diane was a system analyst and Mark was a professional analyst. They have one child. They bought their new home on 8<sup>th</sup> street and are getting acquainted with neighbors and their new Arizona home.

Welcome Mark and Diane. We are very happy to have you on 8<sup>th</sup> street.

#### **Ken & Marilyn Grunow At Site 872**

Both of them grew up in Iowa and now live in Pittsburg, Mo. They grew up about 12 miles apart and met while in school. They retired, came to Mesa, liked it and so decided to buy a home and enjoy the winters here like the rest of us. They have friends in the area and so have settled in nicely. We are very happy they bought on North 8th street at Mesa Regal. We are always glad to add new friends here on North Eighth street.

#### **Joni Shepherd at Site 865**

Joni comes to us from California. She is planning to live full time in her home here at Mesa Regal. She is in the process of remodeling her home inside and out and it will be beautiful when it is finished. Joni worked for United Airlines for 30 plus years. She has two children, 4 grandchildren and just found a great grandchild will be arriving in July. Congratulations Joni!! Welcome to North 8<sup>th</sup>! We are glad you are here.

### **What Doc's Wish Patients Would Ask!**

Jean Streppa

If you had time to ask your primary care doctor **just one question**, what do they wish for you to ask them? Here are some tips from six different local physicians, as they appeared in **Health Smarts, Fall 2018 issue**.

#### **I wish my patients would ask:**

- \* how do I make myself healthier?
- \* what can I do to help get better?
- \* what do I need to actively do to stay healthy longer with a good quality of life?
- \* what do I need to do to actively support my mind staying sharp as I age?
- \* where can I find on the internet reliable health information that is trustworthy and evidence based and not just marketing or opinion?
- \* I want to talk about end-of-life issues and goals of care; will you help me

explore my goals and wishes and whether or not they are consistent with what I want?

Everyone is an individual and as such is entitled to their opinion, wish and quality of life. The better informed we can be, the more you and your doctor can function as a partnership with solutions tailored to your specific care. Questions can eliminate fear and foster choice. Information is power.

The next time you make your next doctor's appointment, find out how long your appointment will be. Remember insurance often dictates this detail, and sharing your need for a longer time with the scheduler, can help eliminate a disappointing visit.

Information for this article from: Health Smarts, Fall Issue, pg. 4.

## Minutes Street Representative Meeting December 10, 2018

The meeting was called to order by Mary Ellen Parrott at 10 AM

Board members present: Mary Ellen Parrott, Linda Searles, Joyce Young, Larry Malone, Harlan Weeden. Absent: Gary Fisher  
Streets without representation: 1 South, 3 central, 3 south, 4 central, 4 north, 5 north, 6 north, 8 central, 8 south, 9 north, 10 central, 10 north, 13 north, 15 central, 15 north, 15 south, 16 central, 16 north, 17 central, 17 south, 18 central, 18 south, 19 north, 21 north.

November minutes were approved as corrected.

Announcements:

McDonald's beer and pop can tabs are collected at site 535.

We encourage all residents to sign up for the blog in the Activity Office by giving your email address. No email addresses will be shared. This is the best way to stay informed of events in the park.

Resident Concerns:

Resident concern forms are to be turned into Mary Ellen Parrott at 1186 or by email before the first Monday of the month. Her email is [mparrott521@gmail.com](mailto:mparrott521@gmail.com)

Street Representative forms are available for those that are interested in being a street rep or if you have information to correct.

Discussion concerning continuation of street rep meetings. By a show of hands, consensus was that the meetings should be continued. There was a question about the responsibilities of the street rep. The main purpose is to communicate the minutes of this meeting. With the advent of the blog, many of the happenings of the park are now communicated that way. The minutes are sent by email to the street rep that has email. Without email, copies may be picked up in the activities office. The minutes are then distributed in a number of ways. Some streets hold a coffee to hand out the minutes, many streets do it through email, some reps have the minutes posted on their site and they are available to anyone on the street. It is not the responsibility of the rep to plan the block parties. They certainly can but are not obligated to do that. Concerning block parties, it is not allowed to block off the entire street. There must be room for emergency vehicles to move through. If there are numerous cars parking for a party, please have everyone park on one side of the street. Christmas decorations are not supplied by the park. Those streets that have done that are doing it on their own.

**Non-emergency calls. If there is an incident that does not require Medical Assistance, such as a fall and not able to get to your feet, there is a Lift Assist phone number to call. That number is: 480-644-2400.**

**Paul Mayo:** Plans to focus on the problem sites  
**Gloria:** Gloria was ill and was represented by Jodi Bee

Speed Limit in the park is 10 MPH. This applies to cars, trucks, golf cars and bicycles. Stop signs are to be respected by everyone as well. Speed limit signs will not be posted. There is no stop sign at the corner of St. John and 7<sup>th</sup>. Paul will look into this.

Handicap stall in Royal Hall is slated for Summer 2019. The two stalls will be consolidated into

one. There used to be sanitary disposal containers in the stalls but they were stolen. Will be looked into for new ones.

Gates are required by Maricopa County where there can be pool access. Security gates will be placed at the Greenfield and University entrances. Guard shacks will be at both gates for daytime hours. The in-gate will be open from 6 AM to 7 PM as they are currently. The out-gate will be closed and will open as a vehicle approaches. This is in response to residents request for more security. There are security cameras throughout the park in response to requests for more security. There should be no one driving through a lot at any time. The utilities are not deep underground and are vulnerable to breaking. Broken water lines or electrical lines affect the entire park. Courtesy Patrols are not to help RV's park. If someone is seen to be cutting through a lot, the office should be notified or the courtesy patrol. Cactus Bar is not under Gloria's supervision. John is the manager of the bar. He is hiring more servers and training is undergoing. The large TV's should not be shut off until later in the evening. The remotes are given to Courtesy Patrol if the bar is closed and they can be contacted if needed. The remotes were left out but 2 of the 4 were stolen. Personal food and drink cannot be brought into the bar at anytime; even if the bar is closed. The liquor license is in effect 24 hours a day.

Pet owners: The leashes must not be longer than 6 feet. Pet owners are to clean up after their pets which includes urine as well. Carry a spray bottle of vinegar along if your dog urinates in the street or at posts. The gravel and grass areas along public places such as parking lots, are not to be used as latrines. There are paws and an arrow on street signs that show where you are allowed to walk pets. Service dogs have to have the proper paperwork to show that they have had the training necessary to be a service animal.

Underage attendees at the dances where alcohol is served must be supervised.

Fruit picking. It is not allowed to pick fruit from anyone's tree without permission from that person. Empty sites are not allowed either as

there will be RV's coming to those sites and they expect fruit. New orange trees are exhibiting some issue of disease or bugs. Spray the leaves with a soapy liquid or turn in a work order to have the tree looked at and treated.

### **New Business:**

The Acacia room is too small for some gatherings. The Activities Office has a list of the rooms and how many people each room can handle. Check out other venues for gatherings. There have been issues with the acoustics in the Acacia Room. The park has installed some sound absorbing prints in order to help with this. They will continue to monitor and work towards better acoustics.

The Park Model on 10<sup>th</sup> and St. John (1047) has to go through a legal process of being declared abandoned before the park can do anything about it.

People in cars should not park in slots designated for golf carts. There are 5 such spots by the office and there should not be cars parked there.

There are defibrillators in the park.

1 by the ceramics room on the court yard side.

1 by the ATM near the Post Office

1 by the Lapidary room

1 at the Pickle Ball Stage

Tennis has one of their own at their courts.

The next meeting is January 9, 2019

Meeting was adjourned at 10:53

Respectfully submitted,

Paul R. Evenson, Secretary

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